

Recommended Related Service Hours Guidelines

Related Services	Kindergarten	Elementary	Middle School/ Junior High	High School	Post-High School
Physical Therapy (PT)	30-60 minutes per week	30-60 minutes per week	Individualized *	Individualized *	Individualized *
Occupational Therapy (OT)	30-60 minutes per week	30-60 minutes per week	Individualized *	Individualized *	Individualized *
Adaptive P.E.	.5 to 1.0 hours per week	.5 to 1.0 hours per week	.5 to 1.0 hours per week	.5 to .10 hours per week	0 hours per week
Speech/Language Therapy	40 to 60 minutes per week	40 to 60 minutes per week	40 to 60 minutes per week	40 to 60 minutes per week	Individualized
Augmentative Communication	1 hour per week	1 hour per week	1 hour per week	1 hour per week	Individualized
Counseling	30-60 minutes per week	30-60 minutes per week	30-60 minutes per week	30-60 minutes per week	30-60 minutes per week
Transportation	See within guidance	See written guidance	See written guidance	See written guidance	See written guidance
Other					

***NOTE:** In middle school/junior high, high school and beyond, these services are more typically provided in a consultative model. When direct therapy is provided, it ranges from 30 minutes per month up to 1 hour a week.